Australian Disaster Resilience Conference presents

Knowledge Week

📆 24 - 27 AUGUST 2020

aidr.org.au/adrc  #ADRC20
Collaborating for impact

1 - 3.30PM AEST | 24 AUGUST 2020
Michelle Villeneuve
Professor, The University of Sydney

Using peer support to tailor emergency preparedness to the individual support needs of people with disability in emergencies

DAY ONE – COLLABORATING FOR IMPACT
#ADRC20
What is the role of peer support in emergency preparedness with people with disability?

A/Prof. Michelle Villeneuve

Australian Disaster Resilience Conference
Knowledge Week 24 Aug 2020
Acknowledgement

Proudly supported with funding from the Queensland Government through the Queensland Disaster Resilience Fund (#QDRF) and the Department of Communities, Disability Services and Seniors.

Led by The University of Sydney in collaboration with the Queenslanders with Disability Network and their team of Peer Convenors, and the Community Services Industry Alliance.

With thanks:
Joint State and Commonwealth National Disaster Resilience Program (PREPARE, NSW)

Peer Leaders and Staff
Self-assess risk, preparedness and support needs in emergency situations

Make formal emergency preparedness plans tailored to individual capabilities and support needs

Optimised self-reliance and planned reliance on others

Action-oriented outcomes
Disability and Disaster

Community Inclusion

Person Centered Emergency Preparedness

Empowerment Stories

www.collaborating4inclusion.org
Person-Centred Emergency Preparedness (PCEP)
Prioritising and planning for individual support needs in emergencies: optimize self-reliance and planned reliance on others.
Peer Support Capacity Development

Workshop for Peer Leaders

- Co-designed & co-led by people with disability held on 24–25 February, Royal on the Park, Brisbane
Access to emergency management information, tools and resources to support tailored planning.
A leadership style in which leaders encourage, inspire and motivate others to innovate and create change that will help grow and shape the future outcomes.

It has 4 behavioural dimensions.

1. exemplify personal values and beliefs; act as role model
2. hold high expectations of what can be accomplished and display enthusiasm and inspire optimism
3. demonstrate an acute understanding of other’s needs and act to support them personally
4. encourage others to question and think in new ways about a problem

Image courtesy of Bill Fuller https://twitter.com/Bit_Bionic_Bill
Inclusive principles must underpin capacity development such that it is Co-designed & Co-led.
How prepared are you for emergencies?
Where are you on this diagram?

We need a healthy dose of realistic optimism

1. Haven’t thought about it
2. Thought about it but not yet acted
3. Started to get organised
4. Have taken actions to get ready
5. Reviewed actions and told others

Level of Preparedness
For people with disability, emergency preparedness is:

“overwhelming, confronting, messy – but, it needs to be done!”
A knowledgable conversation partner offers reassurance & support
COVID-19 contingency planning: everything actually worked!

People need to know it Works!

Planning for disasters

Someone in my home got the dreaded phone call last week – he’d been exposed to COVID-19 and needed to self-isolate. And to my extreme shock, all our contingency plans actually worked as intended.
Communicate the plan with people who need to know.
There are other facilitators:

- Strengths-based & capability focused
- Stories & worked-out examples
- Resources that break it down
- Having a leadership role
There will be GAPS. Collaboration is needed to address them.
Nadia
Peer Leader, People with Disability

“I’ve learned that there’s so much more to life as a person with a disability. It’s not just about looking after yourself, it’s about taking care of others and being there for them.”

There’s so much more to life...
“I’ve learned that there’s so much more I can do as a person with a disability to help myself prepare and deal with adversity in the future. There’s so much more I can do.”

Nadia
Peer Leader, Young People with Disability
P-CEP Individual Mentoring

what I do
where I do it
who I do it with

LIVING SITUATION

SOCIAL CONNECTEDNESS

TRANSPORTATION

ASSISTANCE ANIMALS

COMMUNICATION

PERSONAL SUPPORT

ASSISTIVE TECHNOLOGY

MANAGEMENT OF HEALTH
COVID-19 put our training to the test.

“I know that COVID is going to be a game changer, but it is the ultimate test of shelter in place plans for people with disability and chronic conditions.”
Someone in this house is at higher risk of Coronavirus (COVID-19)
Please consider if your visit is essential
If you are showing any of these symptoms DO NOT VISIT
cough | sore throat | runny nose | fever | shortness of breath

If your visit is essential please wash your hands immediately for 20 seconds upon entering

You can contact us on: __________________________________________________________
Leave any packages at the door

This is a sign that you can use to place on your front door to help people stop and think before they knock.
There is space at the bottom of the sign so that you can write any further instructions to visitors, or support workers.

https://collaborating4inclusion.org/covid-19-person-centred-emergency-preparedness/
Person-Centred Emergency Preparedness (P-CEP) Workbook
A conversation guide used by people with disability to tailor emergency preparedness planning to their individual support needs.

1. Identify your strengths and support needs in everyday life
2. Know your level of emergency preparedness and learn about your disaster risk
3. Plan for how you will manage your support needs in an emergency
4. Communicate the plan with the people in your support network and address gaps through collaboration

www.collaborating4inclusion.org/pcep/
Thank you!

https://www.facebook.com/disabilitynaturaldisasterstudy

https://twitter.com/ResearchC4I

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