Strengthening community resilience

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man living alone, who is ng and defending

Bary in River East Branch

Elderly

Fragile Phone la

pured

J'

Barrum River Valley visualisation

You don't hear any fire warning

Don't rely on hearing as the warning. Risten wat i a 8 Surror anea plants as well as provide signals

scenario trigger cards and the participant's responses

Strengthening connection: Pat, Shirley and others forming their CFG group

4

HIRLEY

PAT

Social network of a resident in Tasmania

Hands-on learning session (one hour)

- Introduction to Playful Triggers 15min
- Introduction to Scenario cards -15 min
- Swap around 20 min
- Experience the method to prompt further thinking
- Last 10min to reflect on the activities + feedback

Please also refer to the Social Network visualisation handout

Map your local social network - break into pairs

Participant

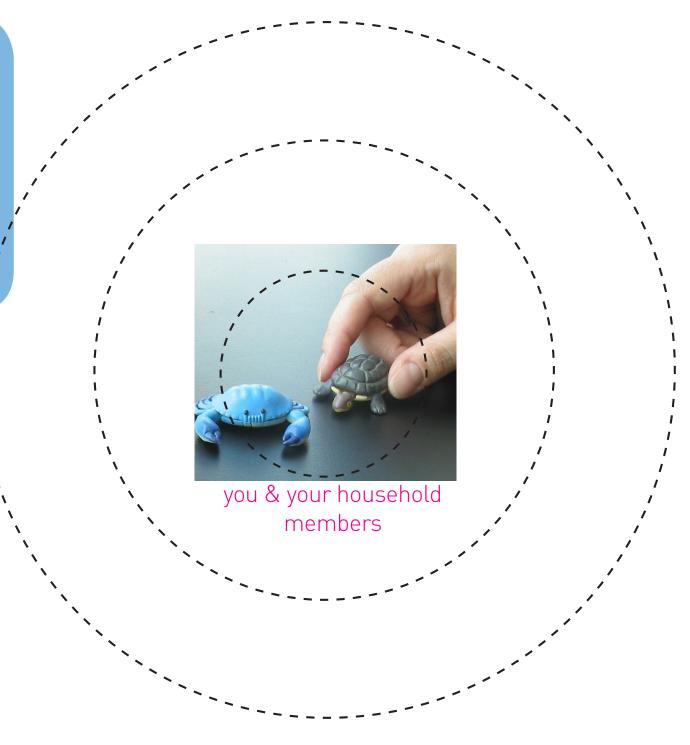
- visualise your social network based on where you live eg. friends, neighbours, colleagues, groups of interest etc.
- show characteristic of relationships using objects + placement

Facilitator

- Assist with their recall create a 'key'
- Guide them through the mapping process
- Help them determine how to visualise 'more' or 'less'
- Observe what is being revealed about their relationships

Let's start with you + your household members in the middle.

Choose any animal to represent you - don't worry too much about what those animals might symbolise. Its just so you and the facilitator can remember.

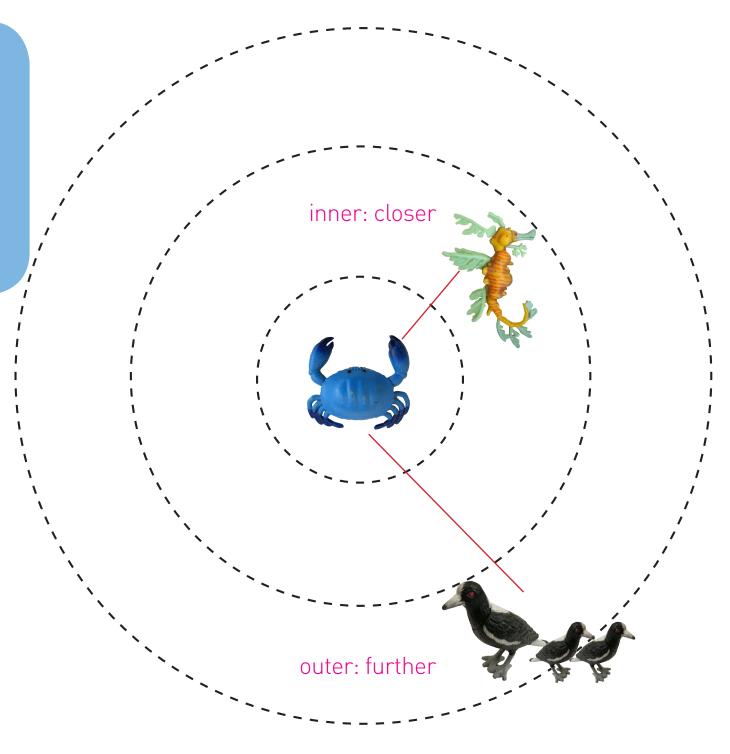


Who are people you see most often in your town?

Choose an animal for each person and place if they live:

close neighbourhood - inner ring

further away - outer ring



Facilitator: help visualise these qualities

• contact

use more matchsticks if you see someone more frequently, or use different coloured ones to denote different frequencies

• trust

add buttons if you trust them more

• accessibility

add plastic beads if you are able to reach them easily

• resourcefulness in a disaster

add more pebbles if you think they are more resourceful

• vulnerable in a disaster

add glass beads if you are more concerned about them in an emergency

Imagine this scenario: an unexpected fire in your local area

Participant

- using the cards as prompts, think through the scenarios
- think about these scenarios in relation to your social network that you mapped
- write down what you will do to get around the situation

Facilitator

- help and assist, ask questions to prompt
- suggest ideas if participant is stuck with a scenario
- lead discussion on how they could be more prepared

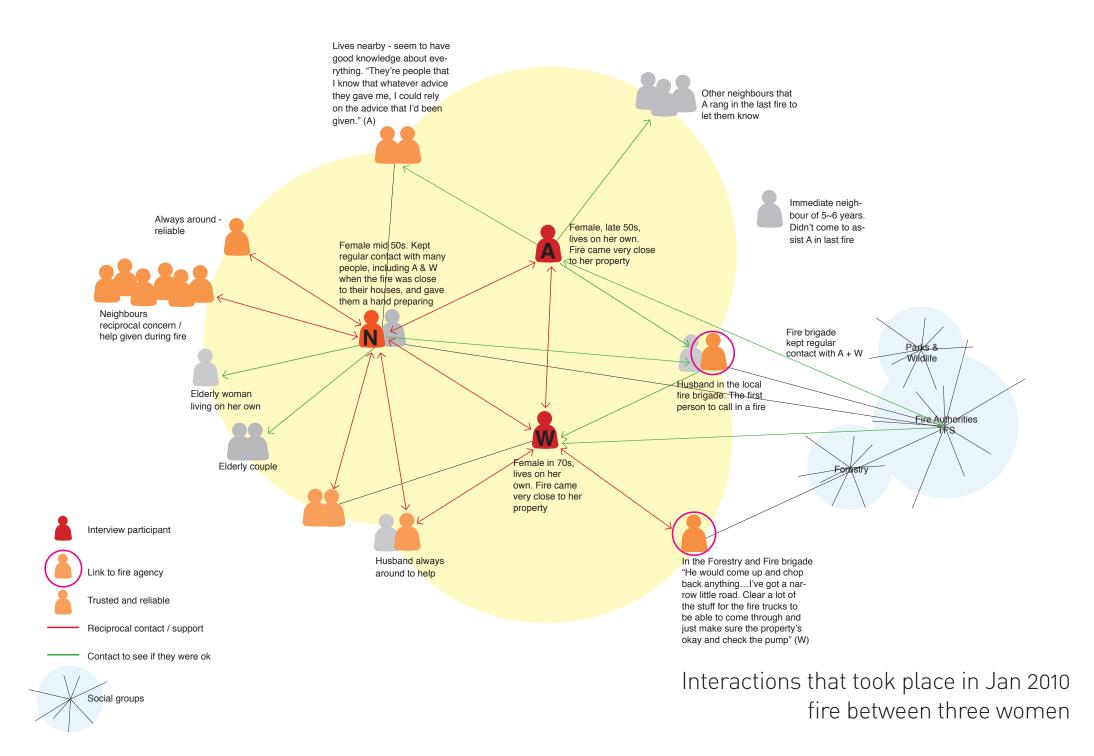
Reflect on your experience of doing this exercise on your table (10min)

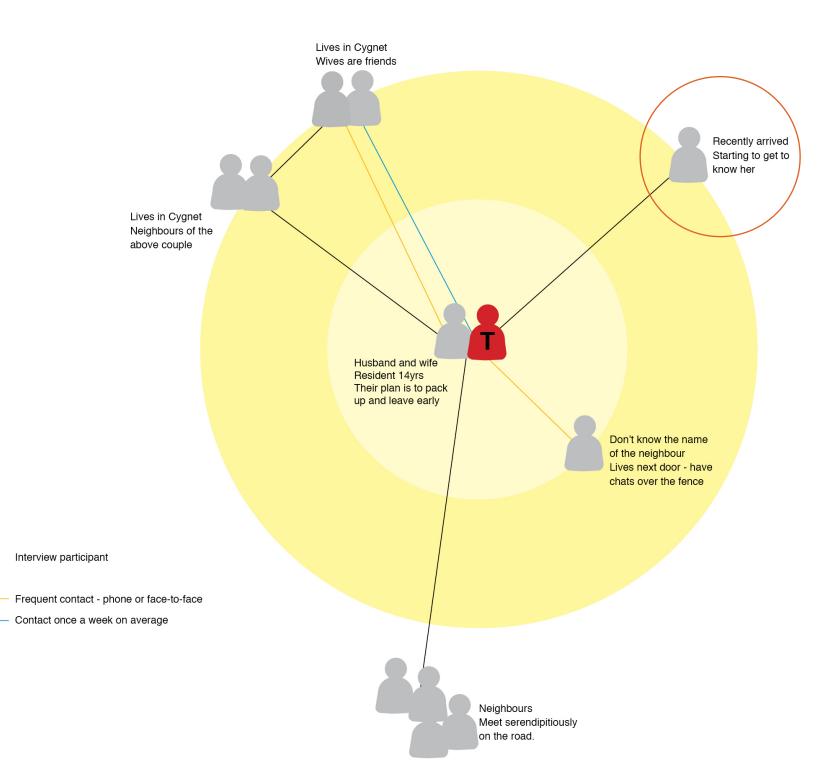
Playful Triggers and social networks

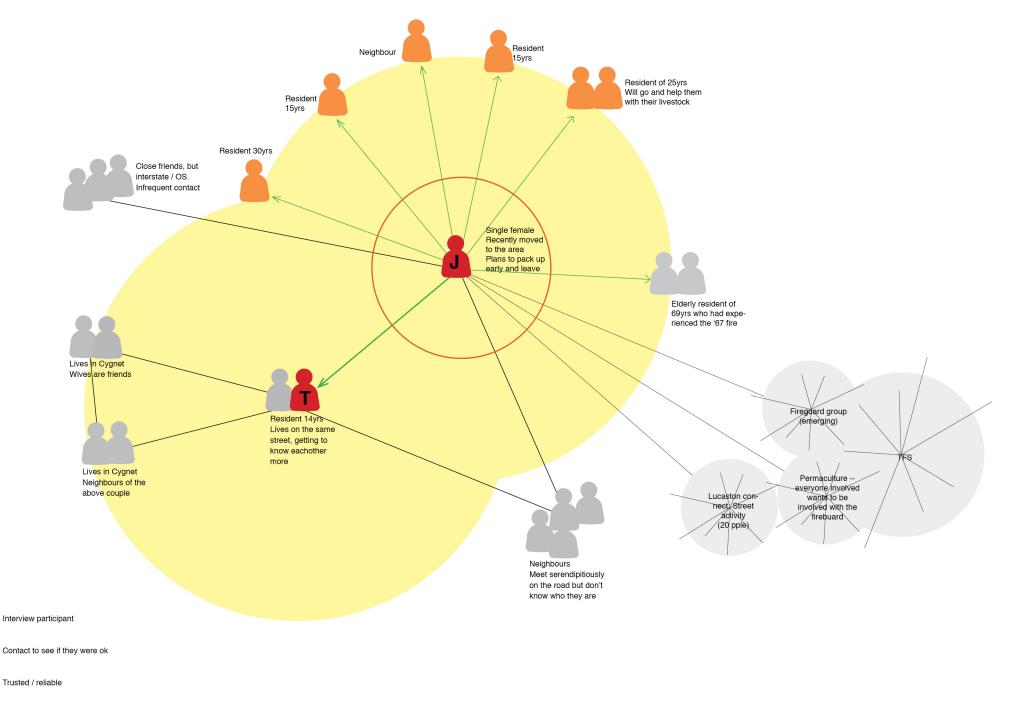
- What was revealing and insightful?
- What was challenging / difficult?
- How might you apply this in your own context?

'What if' scenario cards

- What was revealing and insightful?
- What was challenging / difficult?
- How might you apply this in your own context?







Female J's proactive bridging role, 'pulling' male T into her network

Thank you!

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