



Image: YACVic

# Opening your mind(set): Taking Action with Young People for Disaster Resilience and Risk Reduction

Image: YACVic

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# Acknowledgement of Country



We acknowledge and pay respect to the land and families of the Wurundjeri Woi Wurrung People of the Kulin Nation, and their elders past, present, and emerging.

Image: YACVic





# Presentation Overview

## Opening your mind(set): Taking Action with Young People for Disaster Resilience and Risk Reduction

- **Shelby Robinson:** Inochi Declaration, mental health, and networks of young people
- **Jasper Francis:** Power sharing, decision making, opportunities for co-design
- **Lucinda Gibson:** Capacity building, Youth Advisory Groups
- **Lisa Gibbs:** Multi-level networks of Young Disaster Resilience Leaders

## Panel Q & A and Audience Q & A

Image: YACVic





Professor Tim  
Corney



Associate  
Professor Fiona  
Macdonald



Ben Hooper



Silkorn Powell



Dr Brett Woods



Derm Ryan



Jess Standish



Phoebe  
Michetti



Harmony  
Carmichael



Jun Bin Lee





Shelby Robinson



Jasper Francis



Lucinda Gibson



Professor Lisa  
Gibbs



Associate  
Professor Fiona  
Macdonald



Associate  
Professor  
Elizabeth  
Newnham



Silkorn Powell



Centre of Excellence:  
Young People & Disasters



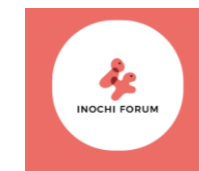
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Curtin University

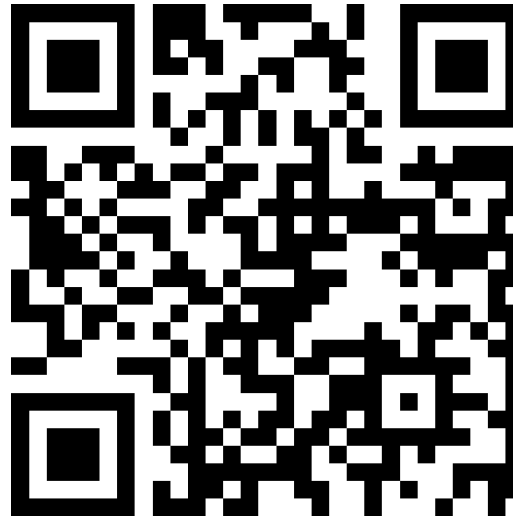


Youth Affairs  
Council Victoria





## Use Slido for Q&A



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# Sunflower Room

ADRC26 is an exciting and noisy place.

The Sunflower Room is a sensory-friendly space at the conference, offering delegates with hidden disabilities a place to help rest, regulate and reset.

Please see a staff member at the registration desk if you need assistance finding it.





**In your work, are you designing emergency management systems that work for young people?**



Join at  
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*Image: Shelby Robinson*



# Crisis to Calm: Co-designing Mental Health Solutions for 12-16 Year Olds in WA

## *Project Aims:*

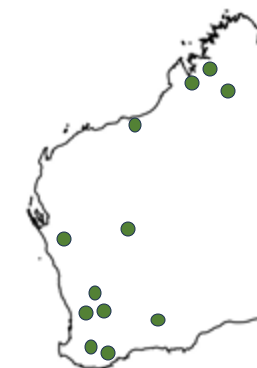
- Co-design innovative mental health interventions to support children and young people affected by disasters.
- Evaluate the feasibility and effectiveness of co-designed interventions.
- Build collaborative networks that will establish a platform for youth leadership in disaster mental health.

## *How? Co-design Workshops*

- Co-researcher team of 6 young people with lived experience of disasters, who guided the design, delivery, format and content of the initiative.
- Flexibility is key, alongside ownership and visibility - employed as staff at Curtin University & co-authored the intervention, policy guidance, publications, and co-present at conferences.

## *What? The Crisis to Calm Initiative*

- Flexible, modular, all hazards approach which aims to; build psychological skills, improve disaster resilience, enhance social connectedness and support youth leadership capacity
- Recently funded to deliver the initiative across 10 disaster affected WA communities between 2026 - 2028.





1. Ideas and intentions are good - but we need **long-term action** and **commitment**.
2. There are good examples out there, let's amplify and expand on them.
3. Consider how you can use your **own sphere of influence** to engage and make meaningful contributions and change.
4. **Don't let another 12 months pass by without being a meaningful contributor.**



**In your work, are you designing  
emergency management systems that  
work for young people?**



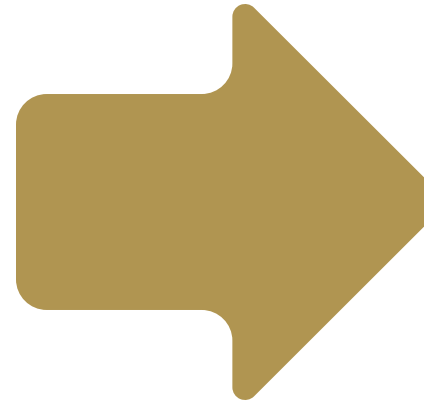
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Discussed  
Demographic

Studied Stakeholder

Tick-Box  
Exercise



Decision-Making  
Partners

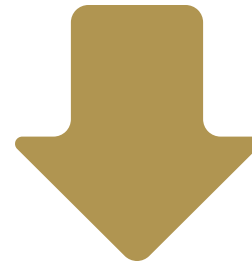
Solution  
Co-Creators

Leaders





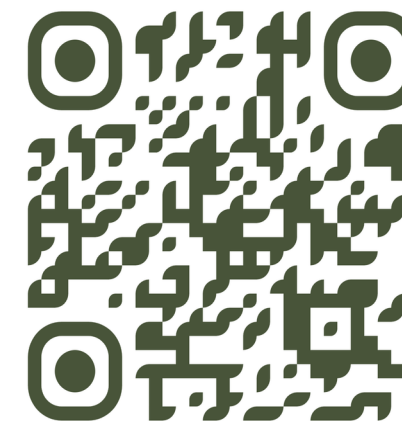
Where are young people influencing decisions, not just informing them?



**Power Sharing**

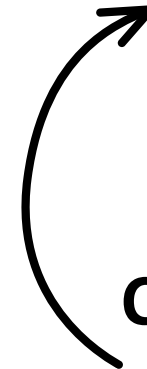
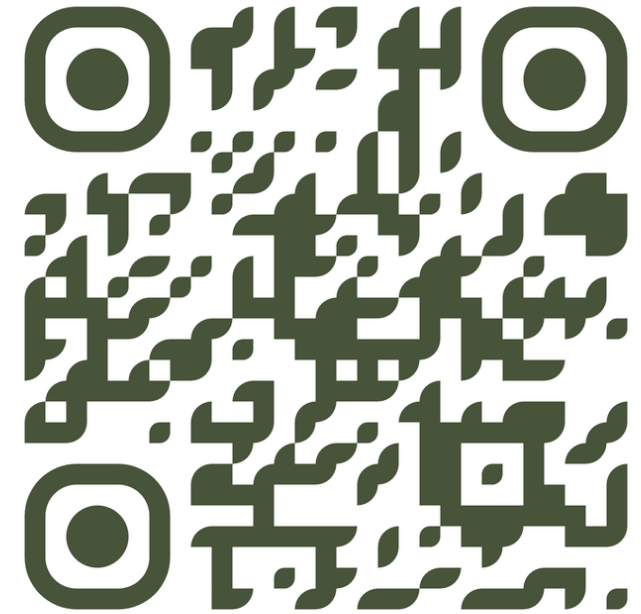


**Lucinda Gibson** is a member of the Youth Advisory Group, Centre of Excellence: Young People & Disasters. Lucinda works in the public service across policy and project roles within the energy industry. Prior to her current role, she worked in research and development. She holds a Bachelor of Chemical Engineering (Honours) and a Bachelor of Business (Management) from RMIT University. Lucinda is the founding President of the World Food Forum Australia Youth Chapter, affiliated with the United Nations Food and Agriculture Organization (FAO), where she leads initiatives at the intersection of food systems, policy, sustainability, and youth engagement.



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Young People &  
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Resilience on stilts – Carol Holden

RESILIENT AUSTRALIA PHOTOGRAPHY AWARD SUBMISSION





# Climate Superpowers



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SUPERPOWER



SOCIAL  
SUPERPOWER



NATURAL  
SUPERPOWER



POLITICAL  
SUPERPOWER



BUILT  
SUPERPOWER



CULTURAL  
SUPERPOWER



FINANCIAL  
SUPERPOWER

[climatesuperpowers.org](https://climatesuperpowers.org)

[teacher.climatesuperpowers.org](https://teacher.climatesuperpowers.org)





## Action Plans

To Realize the *Inochi* Declaration



October 11, 2025  
Action Plan Editorial Team

## Action 3-2-3:

Establish tiers of local, regional and international

## Networks of Young Disaster Resilience Leaders

embedded in and supported by government and non-government disaster agencies.



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## For Q & A

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