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26 – 28 AUGUST 2025  
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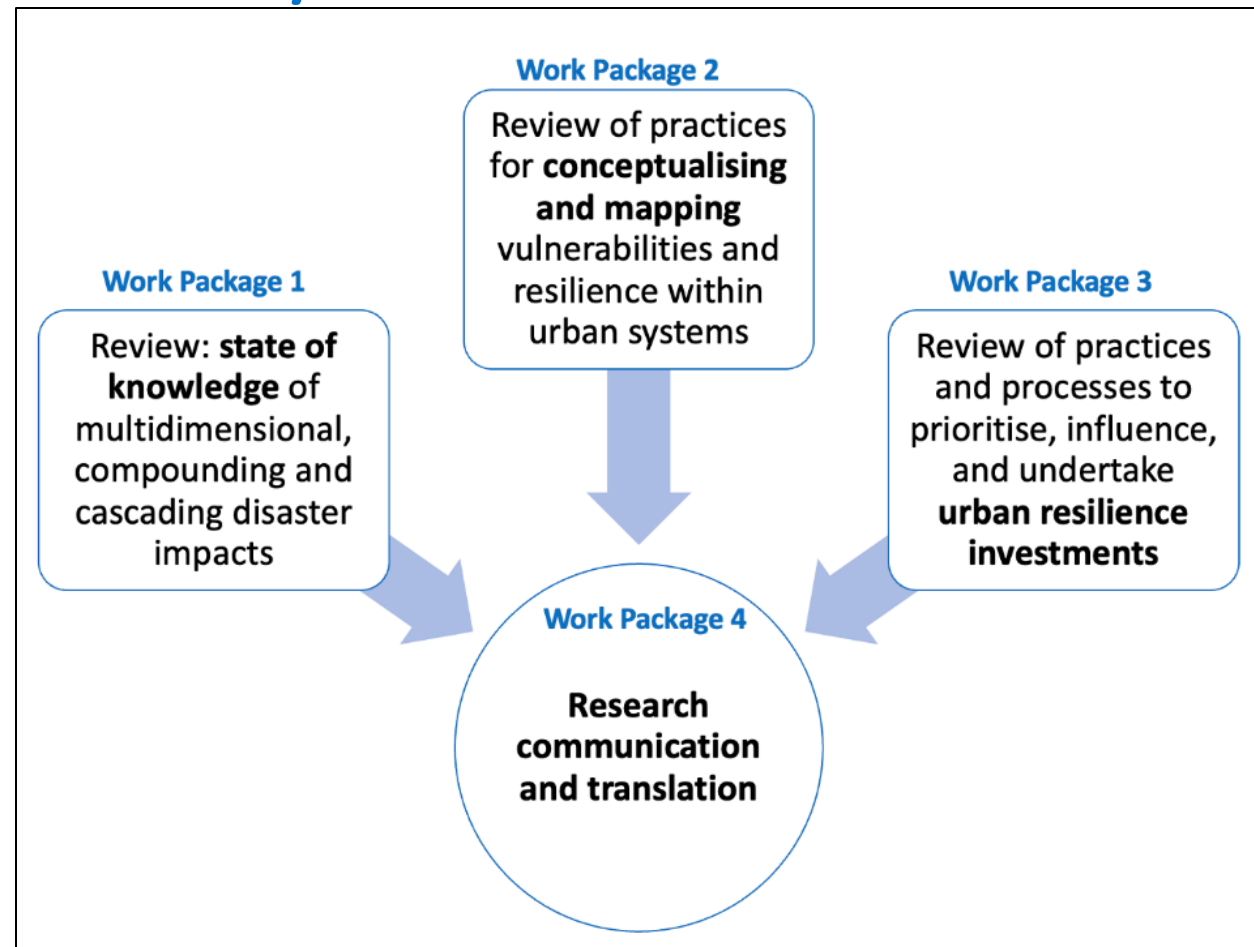
# STRENGTHENING URBAN RESILIENCE FROM UNDERSTANDING CITIES AS COMPLEX ADAPTIVE SYSTEMS

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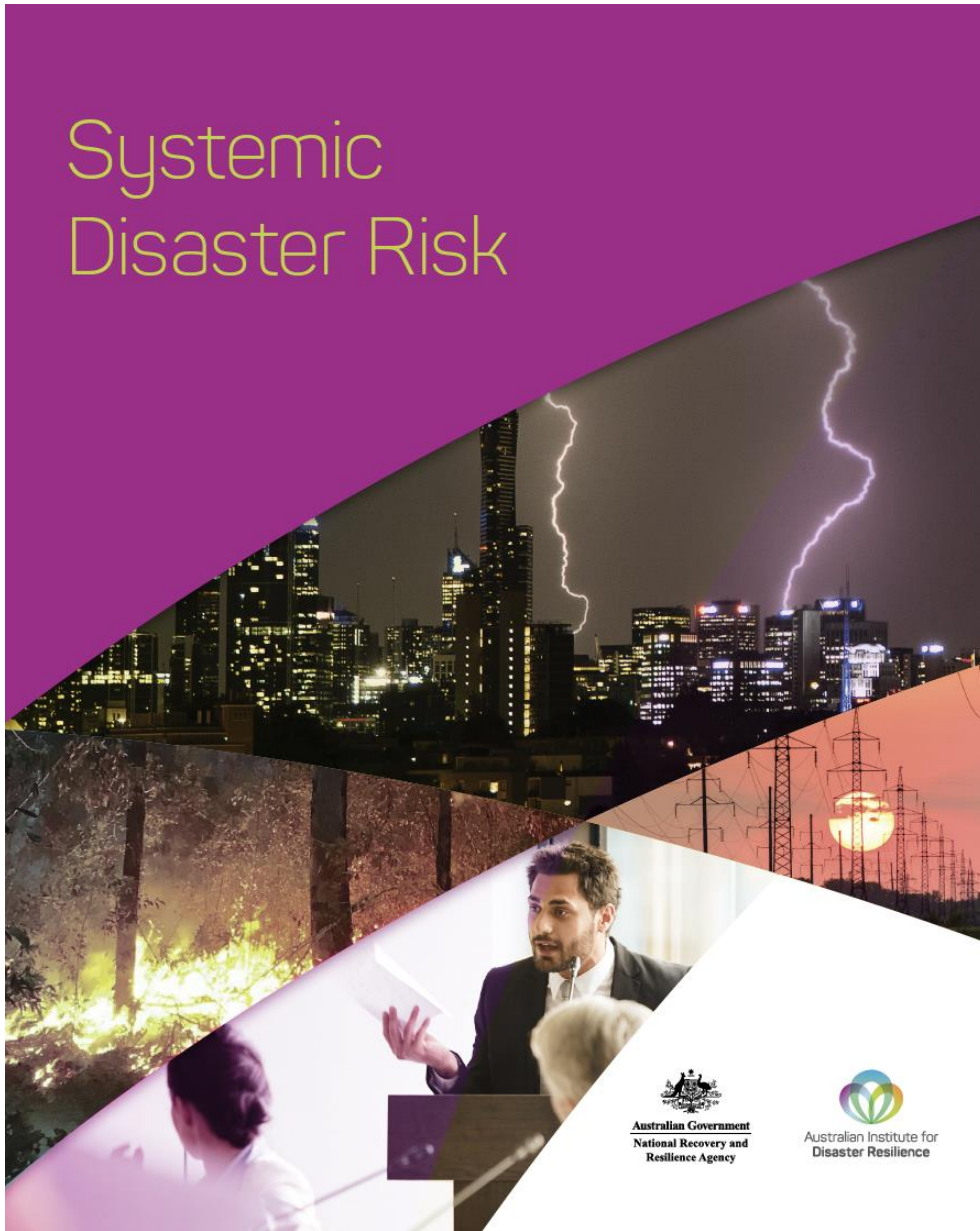
# T2-A9 Natural Hazards and resilience in complex urban systems







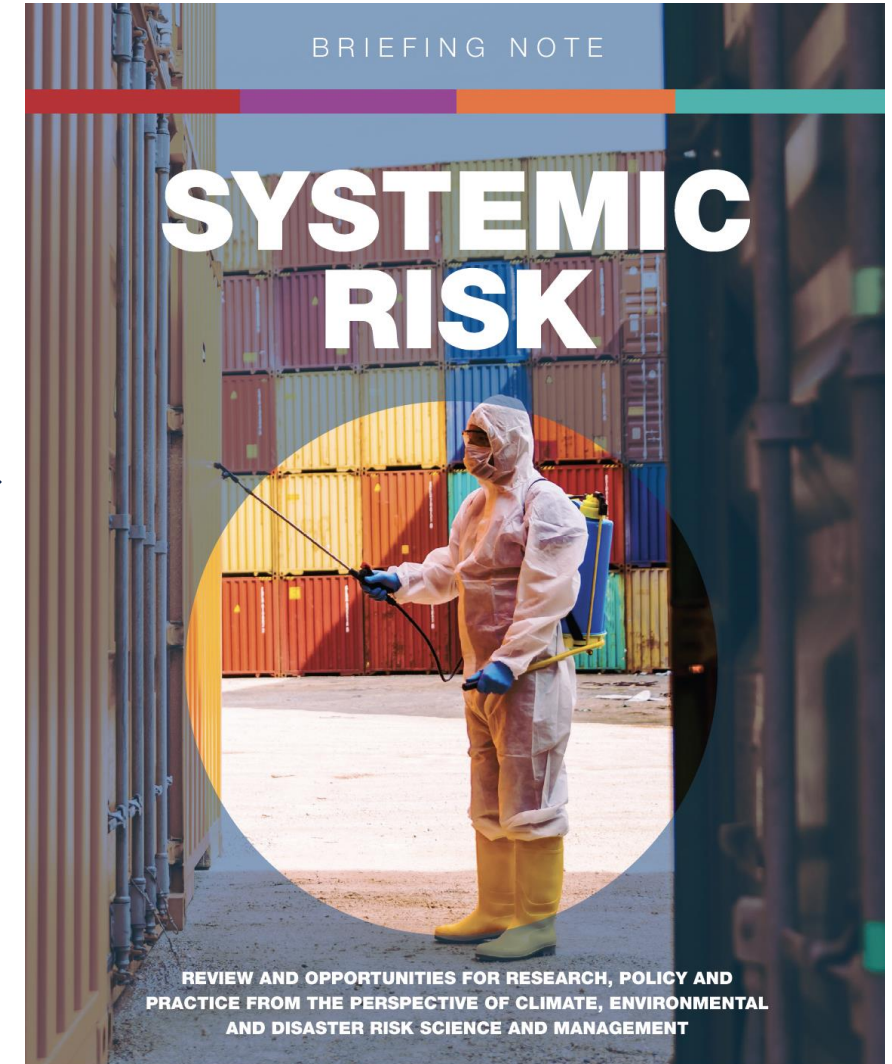
# Systemic Disaster Risk



2021



2022

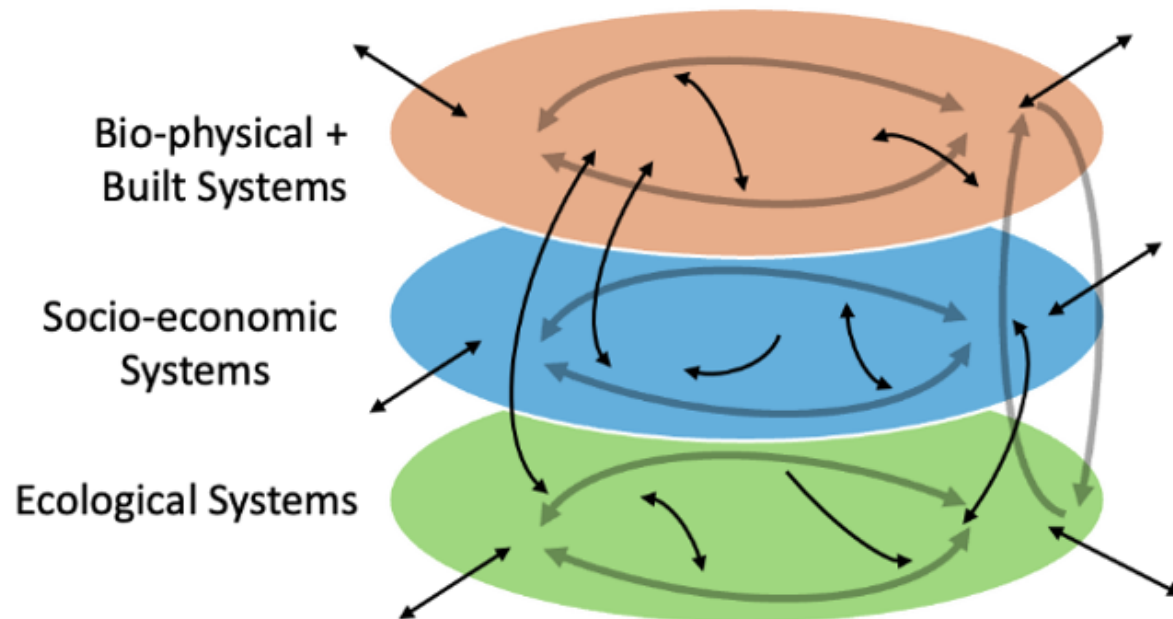




# Cities are complex systems of open systems

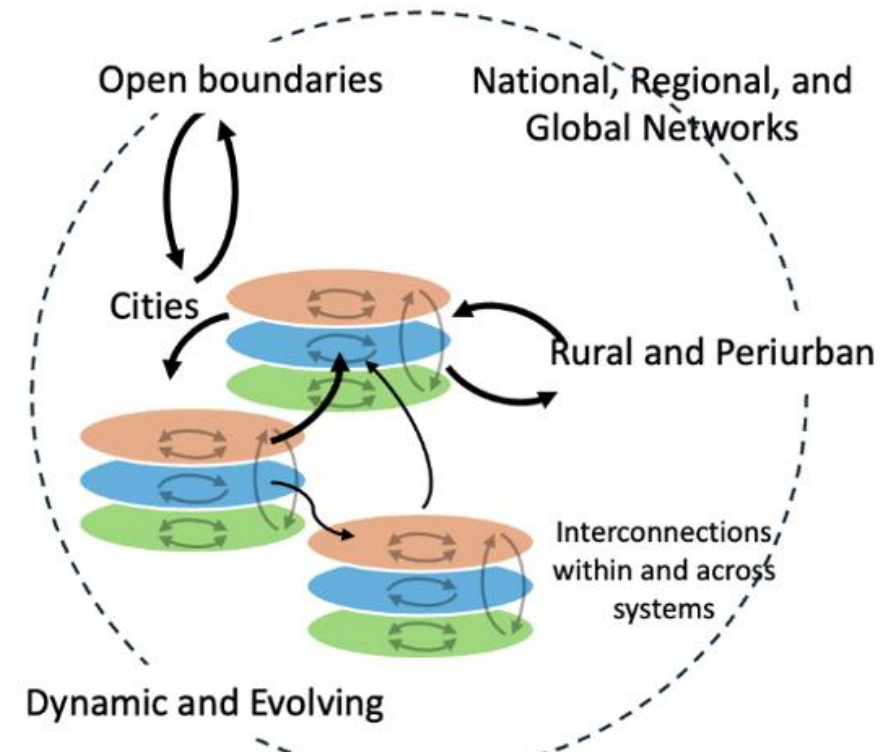
## CITIES AS COMPLEX SYSTEMS

Interconnected elements, subsystems and systems



## CITIES AS OPEN SYSTEMS

Cities are open systems, both influencing and influenced by the external world via complex linkages and feedback loops

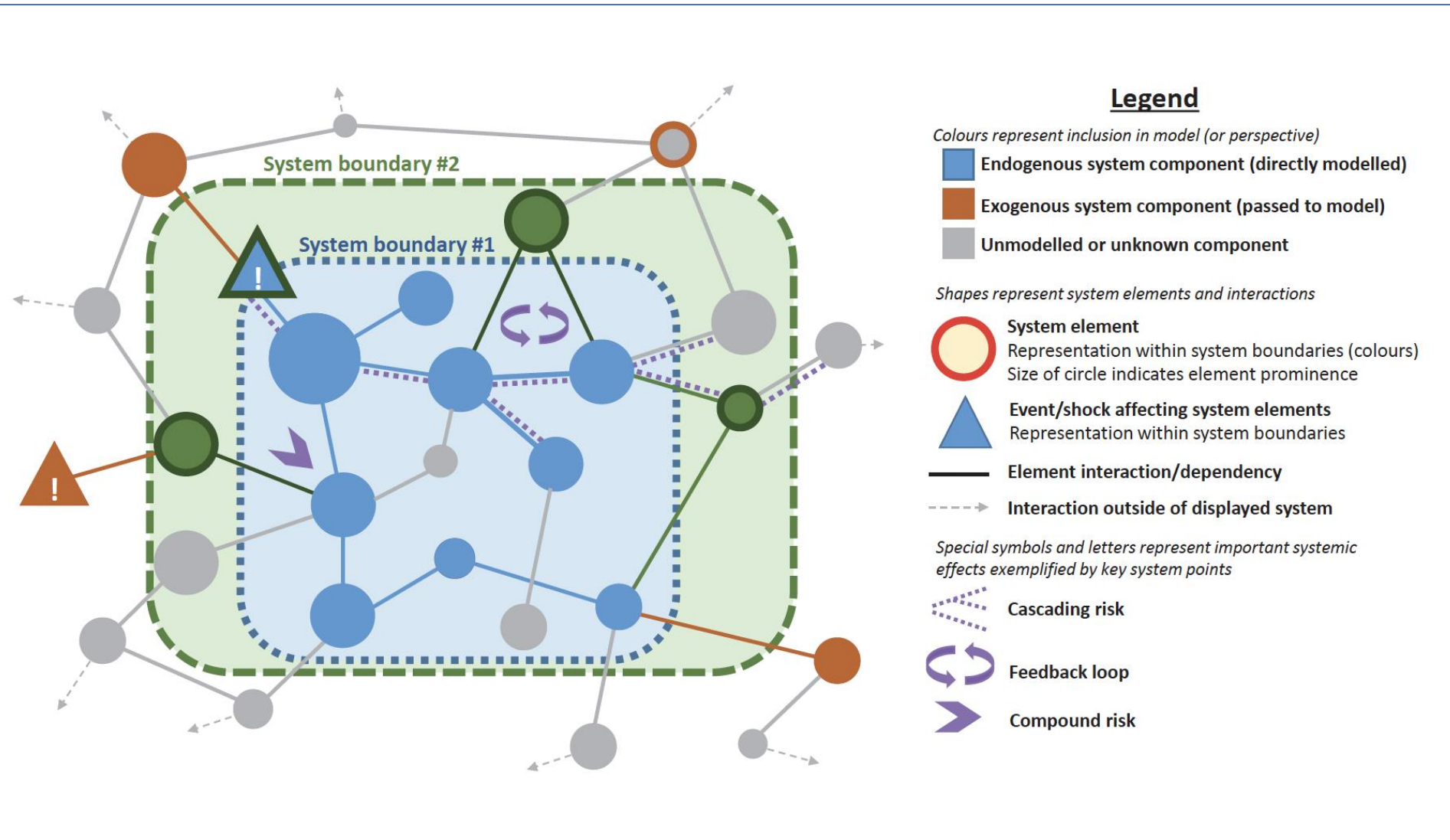


(Bai, et al., 2016)



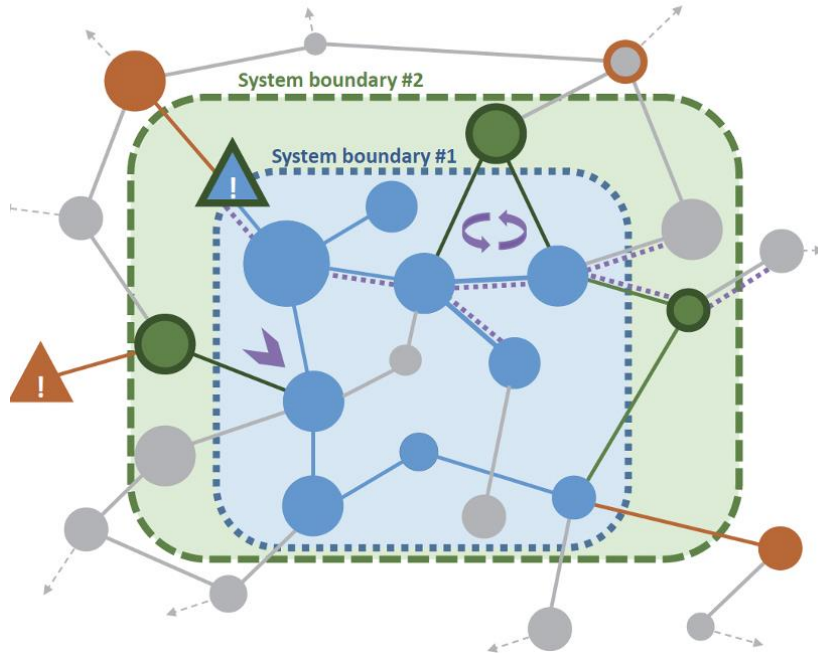


# Complex, open systems → Systemic risk





# Systemic risk in complex, open systems →



- Non-linear interactions between elements, subsystems and systems
- Unpredictability of cause-and-effect outcomes
- Causes the system to respond by adjusting and adapting into new patterns (self-organizing)
- As new patterns emerge, the system becomes “more than a sum of its parts”

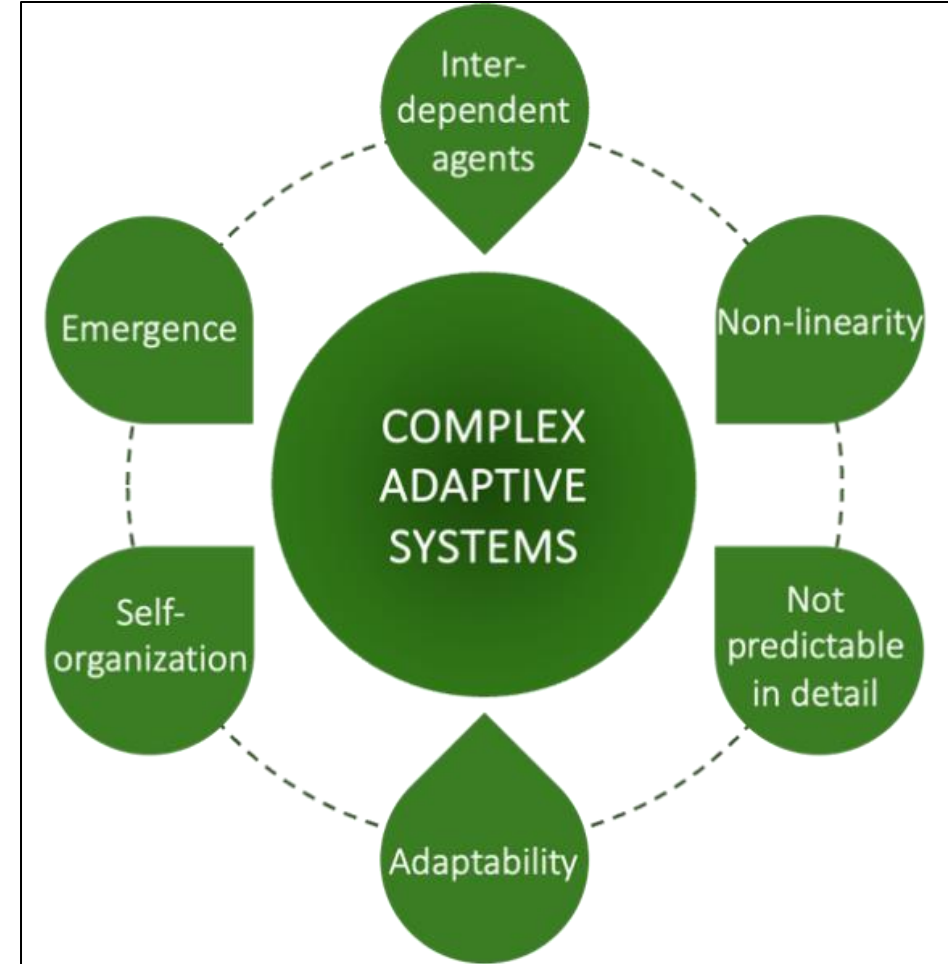
# Cities are a particular type of system

## Cities are Complex Adaptive Systems (CASs)

When disruptions occur, they have the capacity not just to **self-organise**, but to continuously **re-organise** their elements, sub-systems, and the patterns and impacts of their interactions.

Their **emergent** properties are more than the sum of the individual parts — but feed back to the parts, thus contributing to new ongoing interactions.

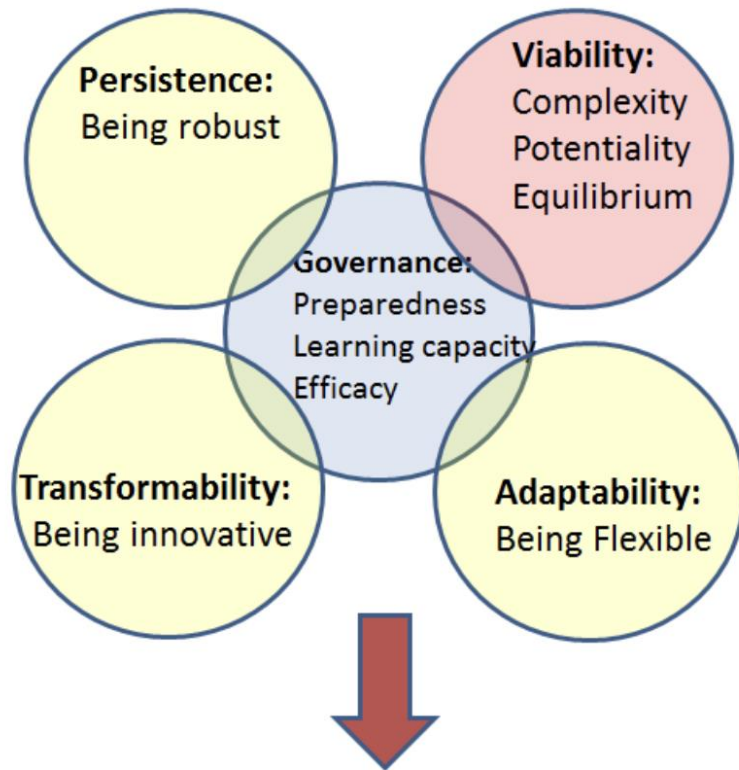
(Adapted from Folke, 2006, pp. 5-6)



(Adapted from Akinboade, 2021, p. 5)



# What do the changes in CASs lead to?



Equilibrium **OR** Resilience?

**EQUILIBRIUM** describes a state of balance that a system seeks to return to in response to disturbances of any kind

**RESILIENCE** is the capacity of a system to absorb disturbance/s and then reorganize and adapt to the new conditions through self-organisation and emergence and, thus be better prepared for future disturbances.

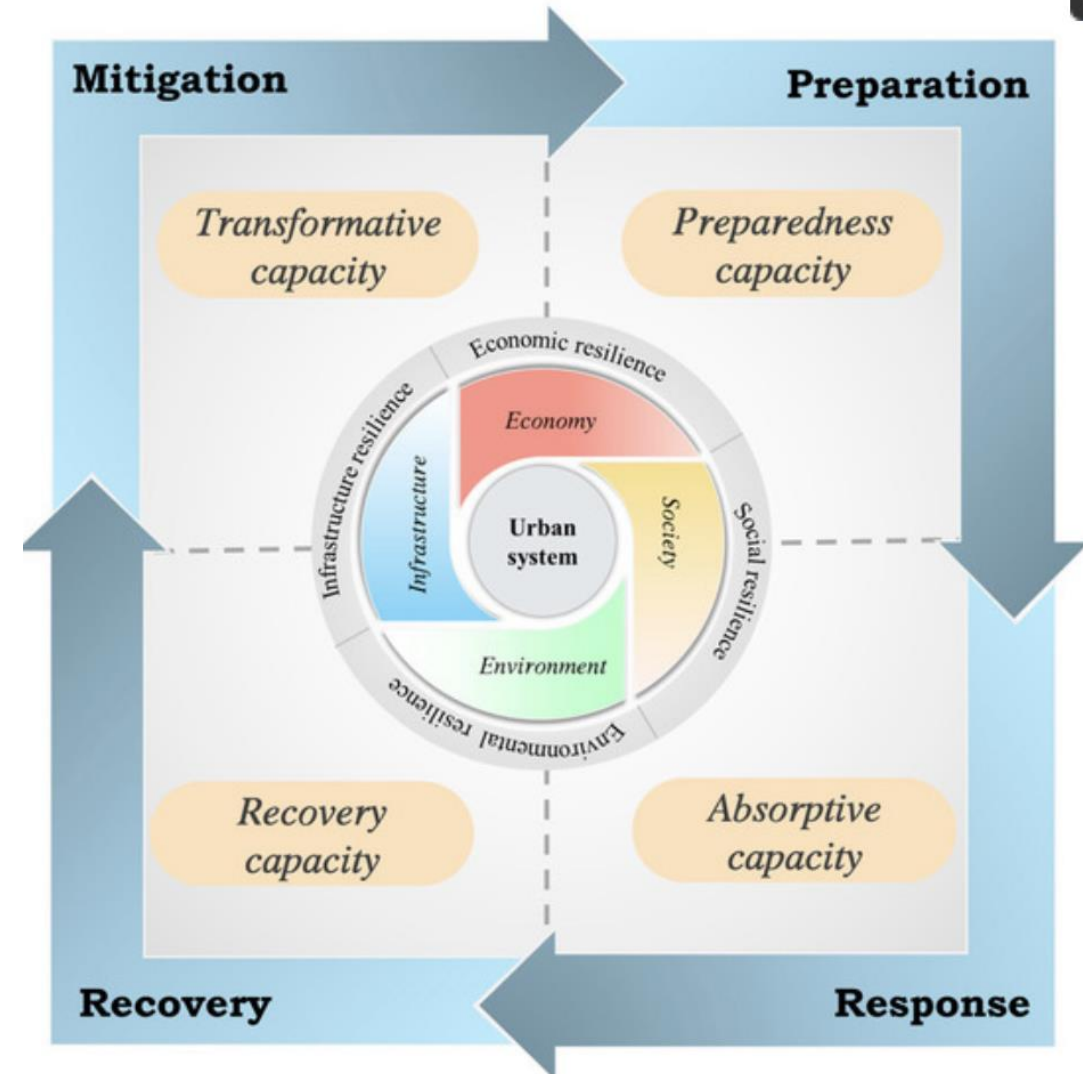




# Inherent resilience

**All cities have a degree of pre-existing resilience**

- Based upon a variety of capacities.
- But these are unevenly distributed in society – and urban centres
- Capacities for resilience can be strengthened
- **Planned resilience**

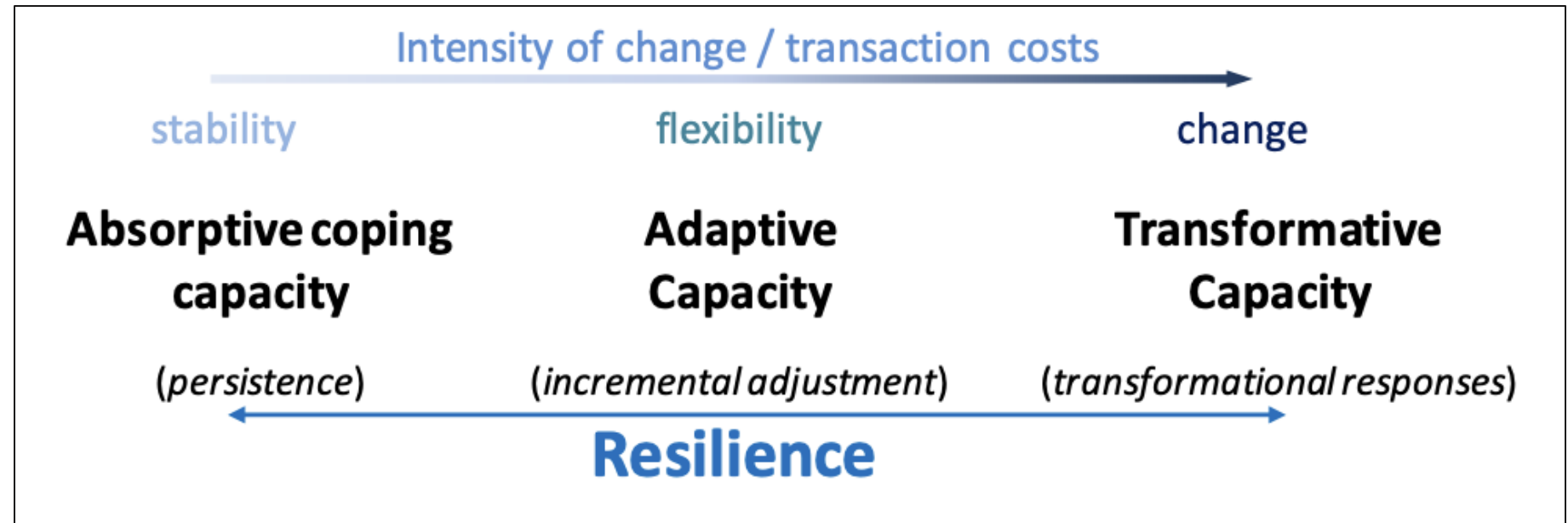
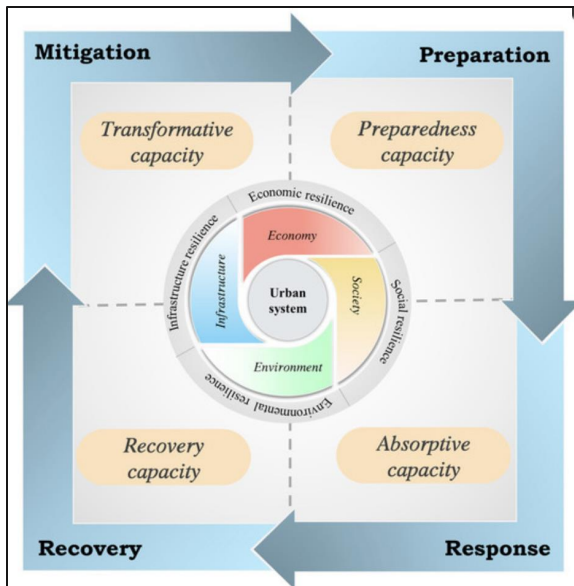


(Scheffran, 2016, Figure 1)



# And here we have decisions to make!

- How do we define resilience?
- Do we want to address drivers of shocks or the stressors that intensify vulnerabilities
- What capacities need strengthening?
- How much change can society tolerate? What transaction costs will we bare?





# Implications

- The causes and impacts of hazard events and vulnerability are systemic.
- Systemic risks lead to compound hazards and disasters that have system-wide cascading impacts.
- Multi-hazard and multi-risk approaches are necessary to reduce vulnerabilities and strengthen resilience
- Treating cities as complex adaptive systems facilitates action at key leverage points of the stressors that cause systemic vulnerability.
- Action on leverage points is best embedded upstream in the dynamics of urban systems, rather than after a disaster.
- Risk awareness, risk resistance and absorption, adaptation and transformation are needed to reduce systemic vulnerabilities and help future-proof the resilience of urban subsystems and systems.





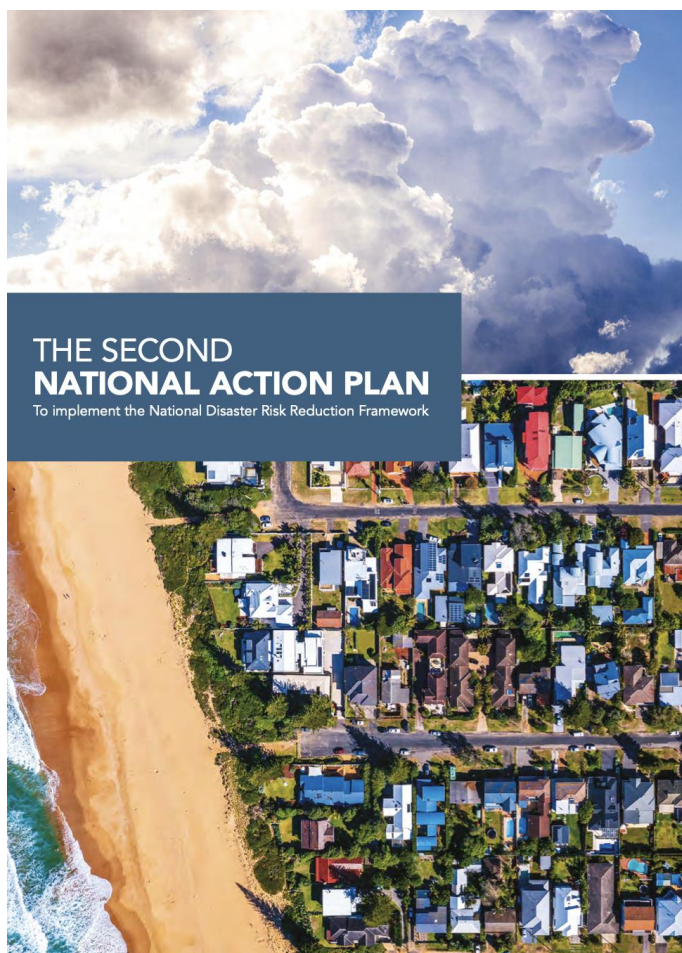
# Summary

- **Strengthening urban resilience requires approaches to risk and disaster preparation, mitigation and recovery that:**
  - Multiple rather than single hazards and risks
  - Anticipate and plan for cascading impacts
  - Adopt an area-based approach (local context matters!)
  - Address underlying systemic or structural causes of vulnerability
  - Strengthen the adaptive capacities needed for systems resilience
  - Recognize the agency of humans in complex adaptive systems
  - Insist upon the primary agency of those most involved and impacted.



# Second National Action Plan

## to implement the National DRR Framework



### For disaster resilience, we must:

- Take a big-picture, integrated approach to disaster risk reduction to mobilise all sectors to build resilience for the long-term.
- Accelerate efforts to reduce the drivers of vulnerability and disaster (e.g. emission reduction, poverty, inequality, social determinants of health).
- Shift mindsets and ways of thinking about disaster risk reduction to resonate with whole-of-society agency and action.

(NEMA, 2023, p. 73)



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