

Recovery Uncovered Webinar Series: Understanding Community Dynamics, Grief and Mental Health impacts of Disaster.

- <https://psychology.org.au/for-the-public/psychology-topics/disasters/recovering-from-disasters>
- <https://www.redcross.org.au/drama/>
- <https://knowledge.aidr.org.au/resources/recovery-uncovered-webinar-series/>
- <https://www.crisislab.io/podcasts/crisis-lab/episodes/2148179080>;
- Just Adaptation & the Role of Social Capital podcast: <https://www.sydney.edu.au/sydney-environment-institute/news/2023/05/02/climate-change-and-social-capital--professor-daniel-aldrich-visi.html>
- Blue Mountains report on a local version of this work following the 2013 bushfires ('Community Connections 2015' BM report) - download PDF at: <http://www.mcrn.org.au/index.php/emergencies/emergency-resources-for-services/emergency-recovery-preparedness-resources-for-services-2>.
- Learning from the experience of other communities who have tried to lead their own recovery - eg: People's Republic of Murrumbidgee ABC iView (<https://iview.abc.net.au/show/people-s-republic-of-murrumbidgee>);
- Carol Hopkins keynote on MADRA at Resilient Villages conference 2023: https://www.youtube.com/watch?v=ZsDkX27z_xA
- Resilient Lismore: <https://www.floodhelpnr.com.au>
- Resilient Villages project in Blue Mountains: <https://resilientvillages.au/>
- Asset-based Community Development (ABCD) in Disasters – some starter references:
 - Disaster recovery towards resilience: contributions of an assets-based community development approach – AIDR paper: <https://knowledge.aidr.org.au/resources/ajem-jan-2018-disaster-recovery-towards-resilience-contributions-of-an-assets-based-community-development-approach/>;
 - Asset-based community development helps to build resilient neighbourhoods: <https://nousgroup.com/insights/abcd-resilient-neighbourhoods?r=AU>;
 - Asset Based Community Development Framework: https://www.google.com/url?sa=t&source=web&rct=j&opi=89978449&url=https://www.tamarackcommunity.ca/hubfs/Resources/Article/Article%2520-%2520Asset-Based%2520Community%2520Recovery%2520Framework.pdf&ved=2ahUKEwj6_JLxq_iFAxUThq8BHe3TDLQQFnoECDQQAQ&usq=AOvVaw1eIQDJU_SxWx7sg4rfxrsa.
- Communicating in Recovery: <https://www.redcross.org.au/globalassets/cms-assets/documents/emergency-services/communicating-in-recovery-resource.pdf>
 - For all enquiries about Communicating in Recovery training, email recovery@redcross.org.au

Recovery Uncovered

Further Links

- Leading in Recovery resource: https://preparecenter.org/wp-content/sites/default/files/leading_in_disaster_recovery_a_companion_through_the_chaos.pdf
- If you are interested in attending a Caring After a Disaster workshop, email recovery@redcross.org.au
- Looking after yourself in the Wellbeing Toolkit: <https://www.redcross.org.au/globalassets/cms/first-aid/21070-arc-wellbeing-toolkit--v2-hr.pdf>
- Disastrous (formerly Hummingly): <https://disastrous.co/>
- Gendered impacts of disaster in communities on the Gender and Disaster Australia website: <https://genderanddisaster.com.au/>
- Impact of disasters on infants, children, adolescents and their families on the Emerging Minds website: <https://emergingminds.com.au/>
- Grief and disaster on the Grief Australia website: <https://www.grief.org.au/>
- Disaster and mental health on the Phoenix Australia website: <https://www.phoenixaustralia.org/>
- Long term impacts of disaster on the Beyond Bushfires website: <https://mbspgh.unimelb.edu.au/centres-institutes/centre-for-health-equity/research-group/beyond-disasters/projects/beyond-bushfires>
- Age appropriate disaster recovery approaches: https://centralhumeppc.org/wp-content/uploads/2020/04/Central-Hume-PCP_Working-With-Older-People_Single.pdf
- Recovery resources on the Australian Red Cross website: <https://www.redcross.org.au/emergencies/resources/#recover>
- Bright Ideas to Build Resilience was a great joint project with Hawkesbury Council and NBMPHN: <https://www.youtube.com/watch?v=VpP9gkx7Ohc>
- You can find videos of Dr Rob Gordon:
 - Rob's 6 tips for disaster recovery here: [https://www.youtube.com/watch?v=xlvwaDg97XM](https://www.youtube.com/watch?v=xlvwaDg97XM;);
 - Rob's tips on what communities can expect in the first 6 months and their impacts on recovery here:
 - First 6 months: <https://www.redcross.org.au/emergencies/coping-after-a-crisis/disaster-recovery-webinars/>
 - Tackling uncertainty and anxiety ahead of the next disaster season: <https://www.youtube.com/watch?v=XZ15-fpv35w&list=PLpv0zJJmafLdtuxMkpMWiWdT1KCWyPU6F&index=12>
 - Cumulative Trauma: <https://www.youtube.com/watch?v=-jTFI3JiPZI>